

# YES YOGA AFTER-SCHOOL

## DAILY SCHEDULE

2:15-2:45 PM  
SCHOOL PICK UP

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2:45-3 PM  
SNACK

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3:15-4PM  
ARTS CLUB

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4:15-5PM  
CIRCLE TIME  
MOVEMENT  
INDEPENDENT PLAY

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5-5:15PM  
SHARE OUT

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5:15-5:45PM  
DISMISSAL

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## Arts Clubs:

- Textiles
- Theatre & Performance Arts
- Culinary
- Contemporary dance
- Comic book art
- Music & Song writing
- Drumming & African dance
- Mixed media production
- Graphic design



## CONTACT US:

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To learn more, visit us  
at [www.shambhalayogadance.com](http://www.shambhalayogadance.com).